

# A MAMMOTH EFFORT, JUNE 2011

- CEO SLEEPOUT SYDNEY & OXFAM 100KM WALK BRISBANE

On dates 16, 17 & 18th of June 2011, Mick Boyle who is usually busy being managing director of Abergeldie, set out on a mammoth challenge.

It was an intense couple of days for Mick as he embarked on spending the night on a piece of cardboard in Luna Park to raise money for the homeless and then travelling up to Brisbane to complete the 100km Oxfam Trailwalker....



"On Thursday Night 16 June 2011 I joined with over 230 CEOs at Sydney's Luna Park to sleepout in the coldest part of the year to raise money for and, more importantly awareness of, the homeless in our society. It was a wonderfully successful evening made more so by the dignified way 4 or 5 people who had been helped by Vinnies gave the CEOs an insight into their life journey. It is amazing how quickly things can unravel for people when some sort of family breakdown occurs. Every story was so different and the level of assistance and support required had to be tailored to each person's situation. The other major revelation was that the homeless that we see on the street, and who Abergeldie assist with their support of the Vinnies van in western Sydney, are just a small proportion of the homeless in our society. Many are displaced women and children that we don't see.

With the help of Abergeldie and others I was able to raise over \$5,000 for this good cause that has raised over \$1.4 million at the Sydney event and \$4 million nationally.

I left the CEO Sleepout early Friday morning and flew to Brisbane to walk the first Brisbane Oxfam 100km walk which started at 10am Friday 17 June 2011. My support crew picked me up at the airport. Everything went like clockwork I and joined the 4 man Abergeldie Team just in time for the start. It was a gruelling event with many big hills that, with our individual determination, the help of our support team and the encouragement we gave each other, all 4 of us in the team managed to complete in just under 25 hours. It was an especially big effort for two members of the team, Mike and Iain, who walked over 40 kms with bleeding blisters - that is a lot of painful steps. Our team raised over \$8,400 as part of \$860,000 raised to support Oxfam help the poorest of the poor in Australia and overseas.

It was an amazing couple of days and I can tell you that I slept well on the Saturday night. Thanks to everyone who encouraged, supported and sponsored me and the Abergeldie team to finish the events and raise money in support of two very good causes".

Mick Boyle



Sharing a soup with David Castledine CEO of the Civil Contractors Federation



Mick leaving the CEO winter sleep out with minimal hours sleep under his belt



Mick boarding the plane to Brisbane



The team on the bus to the start



the Team ready to go



The Abergeldie Team of Iain, Brett, Mike and Mick on the trail about 2 hours and 10km in the walk



The Abergeldie Team of Iain, Brett and Mike around midnight after 60kms & 14 hours of the walk



Preparing to sleep on the pieces of cardboard with Rod Stanton, MD of TCI and Cynthia Payne CEO of Summitcare



Iain, Mike, Mick and Brett crossing the finish line after walking 100kms in just under 25 hours



The Abergeldie Team, team 165 at the finish, Iain Lendrum, Brett Birch, Mike Trumm and Mick Boyle